



**ikamva labantu**

ANNUAL REPORT 2016/17



# FOUNDER'S LETTER

I am proud to reflect on our 54 years thus far and acknowledge the many triumphs of Ikamva Labantu and its people.

Our organisation celebrates its successes through the hard work and devotion of those who work for and with it – this is the strength and magic of Ikamva Labantu.

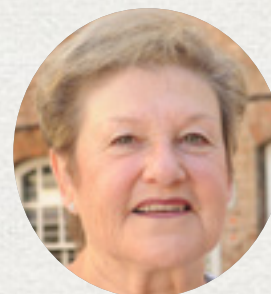
The dedicated Board has managed our organisation over the last year with insight, foresight and wisdom.

Our steadfast staff have shown loyalty and strength as they faced many challenges. They immersed themselves in their work, bringing joy, relief and benefits to our communities.

And of course, our beloved communities remain an integral part of everything we do – supporting, directing, encouraging and spurring us on to continue our partnership of caring, sharing and building together.

Thank you to everyone who has been a part of this.

**Helen Lieberman**  
*Founder and Honorary President*



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# DIRECTOR'S LETTER

During this year, our staff have remained steadfast in their commitment to Ikamva Labantu and trusting of our programmes and services, which offered evidence of impact and change. Our engagements with the communities that we serve were positive and reinforced not only our purpose, but also the need for Ikamva Labantu to remain relevant.

Our story of change is exciting and speaks of development and innovation. It has focused us on achieving excellence in what we do and acquiring the most cost-effective resources and tools to do so.

Our greatest asset remains the workforce of Ikamva Labantu. Developing it to be more strategic in the delivery of our services is vital. Because communities have grown, services have become less accessible from some government departments, and safety in our communities poses great risk factors.

Our encouragement is drawn from the dedication, commitment and joy that we see daily in our staff and their evident pride in working for Ikamva Labantu.

Challenges remain in addressing the growing needs of the communities that we serve and in creating sustainable income for the organisation.

I wish to thank our donors who support our work in creating a lasting positive change for our communities.

**Ananda Nel**  
*Director*



**“ OUR ENCOURAGEMENT IS DRAWN FROM THE DEDICATION, COMMITMENT AND JOY THAT WE SEE DAILY IN OUR STAFF AND THEIR EVIDENT PRIDE IN WORKING FOR IKAMVA LABANTU. ”**

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# CHAIRPERSON'S LETTER

This year has seen significant change within the organisation. While continuing to build on our vision of moving from a welfare model to a developmental model, we have redoubled our efforts to honour our roots as a community-led organisation. To this end, our Founder Helen Lieberman has increased her executive involvement in driving a strategy of community leadership in determining our development priorities.

The change in emphasis has resulted in some leadership changes post year-end, and this introduced a time of uncertainty for many of the staff. Despite this challenge, the organisation remains financially healthy. Our programmes have all delivered pleasing results this year which is testament to the dedication of all our staff to serve our communities with passion, skill and diligence.

Seldom in the history of our country and the communities we serve, have the services of Ikamva Labantu been needed more than they are now. Our team is skilled and our organisation is well governed. As we raise more funding, we are able to meet the rising needs of the communities we service.

During this coming year, I will retire as Chairperson, making way for new leadership and new ideas. I would like to thank everyone for the incredible support during my tenure as Chairperson. I have met amazing people on my Ikamva journey and I will forever be grateful for the opportunity to lead. I am proud and humbled to have been associated with such an incredible organisation.

**Richard van Rensburg**  
*Chairperson*



# INTRODUCTION TO OUR WORK

By focussing our activities on key changemakers in communities, we aim to empower these influencers to extend their knowledge and skill to those in their care.

Over 100 of our staff live in the communities that we serve and they are the core drivers of change. Programme participants from Cape Town's townships have dynamic needs and challenges. In order to respond appropriately, we simplified but extended our Monitoring and Evaluation systems to all programme staff so that learning could take place on a micro and macro scale.

Ikamva Labantu continued to excel in the areas of Early Childhood Development, Child & Youth Enrichment and Seniors (elderly). These programmes would not have been as successful if they didn't consider the family unit of the individuals we reach. Extended services means we can offer holistic solutions to all in need. A strong Community Relations department continues to ensure that our relationship with the community at large remains in focus.

**"IF WE UNDERSTAND THE IMPORTANCE OF HEALTH TO US AND OUR OWN WELL-BEING, THEN WE UNDERSTAND THE IMPORTANCE FOR A CHILD WHO IS JUST STARTING OUT ON THEIR LIFE JOURNEY."**

**LIZETTE OLIVER,  
HEAD OF HEALTH SERVICES**



## HEALTH SERVICES

Our participants were provided primary health services and screening opportunities across all of our programmes. This included various interventions, like eye screening services for seniors and facilitating deworming across our preschool children and youth. Where appropriate, we have partnered with others to extend our services and create a strong referral network.

Preschool principals and practitioners are responsible for the health and safety of thousands of pre-schoolers in townships. They were trained to help prevent illness and injury in their classrooms while detecting developmental needs. Their cooks received training to introduce balanced and nutritious meals on limited budgets.

Seniors who attend our clubs are encouraged by their club assistants to age actively. These assistants are continuously trained to detect illness, perform monthly health screenings, facilitate on-site delivery of chronic medication and facilitate dental education. In this year, a dedicated nurse was appointed to reach frail seniors in their homes.

## FAMILY SERVICES

Our Family Services focus on counselling, disability support and parenting workshops.

Our disability programme supports families with a family member who is physically or intellectually impaired, unemployed and living at home. We partnered with Phambele at the Khayelitsha District Forum and Disability Workshop Development Enterprise to assist 30 youths with disabilities in completing a CV and seeking employment.

For the third year, we have coordinated screening clinics to identify developmental delays in young children for families in our programmes as well as surrounding community preschools. Families are seen by a dietician, an occupational therapist and a speech therapist, and also receive an audiology assessment at Khayelitsha District Hospital.

## COMMUNITY RELATIONS

Community Relations provides a vital link between Ikamva Labantu and important stakeholders, such as community leadership, government departments, forums, ward councillors and other NGOs.

We have been advocating for our seniors to be accommodated at the club houses where they meet daily on a long-lease basis where we do not own the premises.

With legal support, we continue to advocate for leniency in registration requirements for Early Childhood Development centres. Through ongoing discussions with community principals and representatives of Ithemba Labantwana and Ilitha Le Kamva (community forums), we are able to identify the real issues that need attention.



**48 CHILDREN**

ASSESSED FOR DEVELOPMENTAL  
NEEDS THROUGH SCREENING CLINICS



**1,000 SENIORS**

SCREENED FOR FOR DIABETES  
AND BLOOD PRESSURE



**781 CHILDREN**

RECEIVED DEWORMING  
TREATMENT



© Sydelle Willow Smith

# EARLY CHILDHOOD DEVELOPMENT



Ikamva Labantu continues to lead in the world of Early Childhood Development (ECD). During this year, we were humbled to be selected by key role players for various opportunities. The Department of Social Development considered our Principals' Training Programme to be a front runner for national implementation. Our Kwakhanya model preschool was also nominated by the National Development Agency for excellent work.

At the beginning of the year, we welcomed new groups of preschool practitioners (teachers) and principals into their respective training programmes. Practitioners were upskilled in order to provide children under five with a quality ECD programme; principals continued to focus on business management and leadership over a two-year course. When a principal and practitioner from the same preschool attend their respective programmes, a positive synergy develops between them. Principals are better equipped to support their practitioners' needs and development, and peer-to-peer sharing of information and skills is encouraged.

We saw 58 practitioners graduate from the programme in December 2016, and 72 principals have embarked on their second year of learning. We look forward to their graduation at the end of 2017.

In December, we bade farewell to another graduate class at our Kwakhanya preschool as they embarked on their formal schooling journey to Grade R. One month later, we welcomed 37 new children to the preschool, granting them the opportunity to unleash their potential and develop strong foundations to build upon.



**"BECAUSE OF THE ASSISTANCE FROM IKAMVA LABANTU'S COMMUNITY WORKER, MY SUBSIDY WAS NOT SUSPENDED AND I WAS ABLE TO PAY MY STAFF AND MEET THE NEEDS OF MY PRESCHOOL."**

**FLORANCE ZOLISWA MTHEMBU, 60**



© Sydelle Willow Smith

We have added over 100 new community preschools to our Registration Help Desk database and assisted 21 in achieving registration status this year. Registration means that these preschools can apply for government subsidies. Our work within the sphere of preschool registration has expanded into advocacy; the voices of the principals need to be heard.

The unrealistic application of norms and standards for preschool registration across a country where inequity is so vast, only serves to maintain the status quo. Our Registration Help Desk was featured by Ilifa Labantwana, which highlighted the challenges that principals face in an article that showcased our work to various ECD stakeholders. This, together with a feature on SABC 2's Fokus, gave our Registration Help Desk national exposure.

Additionally, we have provided hands-on support to over 350 preschools to become registered and subsidised by the Department of Social Development. In order to assist with this challenge, we have introduced a unique service which involves drawing up building plans for the existing and planned ECD structures.

We are determined to continue raising the conversation about preschool registration. We will keep advocating for South Africa's preschool principals and ultimately, South Africa's children.

**Barbara Stemmert**

*Programme Head: Early Childhood Development*



**19 PRESCHOOLS**

REGISTERED WITH THE DEPARTMENT  
OF SOCIAL DEVELOPMENT



**58 PRACTITIONERS**

GRADUATED FROM TRAINING  
PROGRAMME



**OVER 100 NEW**

PRESCHOOLS ASSISTED  
THROUGH OUR  
REGISTRATION HELPDASK



A student with SHAWCO Health assesses a child under professorial supervision.



© Sydelle Willow Smith

A practitioner from Njongo Yethu preschool in Khayelitsha with her class.



Our winning team stand with Zolani Mahola at the Fuel2Grow Battle of Wits.



© Sydelle Willow Smith

A senior club member receives a foot massage to help with circulation.



Children at Happy Valley preschool in Delft, drink their deworming medication.



© Sydelle Willow Smith

Practitioners from community preschools during training at our ECD centre.



A community preschool practitioner graduates from our training programme.



Seniors sell their hand-crafted goods at our annual Cultural Day event.

**IKAMVA LABANTU  
CHARITABLE  
TRUST**  
HEAD OFFICE

**ENKULULEKWENI  
WELLNESS CENTRE**  
SENIORS, HEALTH  
& COMMUNITY  
RELATIONS

**Cape  
Metropole**

**RAINBOW CENTRE**  
CHILD & YOUTH  
ENRICHMENT

**KWAKHANYA  
EDUCARE CENTRE**  
ECD & FAMILY  
SERVICES

**SENIOR CLUBS**

1. DUNOON
2. LANGA
3. KALKFONTEIN
4. KHAYELITSHA X7
5. LOWER CROSSROADS X2
6. NYANGA X3
7. GUGULETU
8. NEW CROSSROADS
9. PHILIPPI
10. FISH HOEK

# WHERE WE OPERATE

Over the years, we have worked with vulnerable communities throughout South Africa, from the Eastern Cape to Gauteng. Many of these initiatives have branched off from Ikamva Labantu and are now self-sustained by their respective communities. Today, our work is focussed on township communities within Cape Town.

We have three main centres from which we run our programmes; two in Khayelitsha and one in Gugulethu. Our 19 Senior Clubs are peppered throughout 10 areas in the Cape Metropole. Situated in the heart of these communities, these bases enable us to reach individuals and communities on a daily basis and face the challenges of life in Cape Town's townships head-on.

Over 100 of our field workers, from nurses to social workers and teachers, are working on the ground every day within the communities we serve. Many of these field workers come from the same communities that they now work to develop.



**OVER 25,000  
INDIVIDUALS**  
WERE REACHED THROUGH  
OUR PROGRAMMES



**OVER 100**  
OF OUR STAFF LIVE IN  
THE COMMUNITIES WE SERVE



A Club Assistant checks blood sugar levels of an elderly club member.



A preschool cook at Kwakhanya prepares a nutritious meal for the children.



Nyasha Manjengwa speaks on Cape Town TV about our Fuel2Grow campaign.



© Sydelle Willow Smith

A senior club member has her hearing tested during routine health checks.



Children at our Kwakhanya preschool during play time.



© Sydelle Willow Smith

A senior beads in her own home as part of the Relate income-generation project.



© Sydelle Willow Smith

Victor Koka works on preschool building plans to aid the registration process.



Nobahle Madolo and Naledi Molefe stand in the new Nursing Surgery.



# CHILD AND YOUTH ENRICHMENT



The Ikamva Labantu multi-faceted afterschool programme was launched this year in April at our Rainbow Centre with 150 participants, aged 6-18, from the surrounding Gugulethu community. Its aim was to develop schoolchildren living in vulnerable circumstances into confident young people with hopes and aspirations for a bright future.

Our community-based workers conducted home assessments for each participant, to better understand the economic and psychosocial well-being of each child. This also gave us the opportunity to engage with their parents and ensure mutual understanding of expectations for the programme.

Children were actively engaged through five pillars: Life Skills, Health and Wellness, Arts and Culture, Sports and Recreation, and Academic Support. We also ran holiday programmes to create safe spaces for children to engage and develop while schools were closed.

Through the year, we built valuable partnerships to assist us in reaching our programme's goals. Hoops for Hope helped facilitate a lively holiday programme and we partnered with the University of Western Cape's (UWC) Occupational Therapy department to support staff in developing effective programme activities with the resources available. This experience left staff with practical skills on how to use basic equipment to enhance their work.





**"THROUGH A MULTIFACETED  
AFTERSCHOOL PROGRAMME, WE  
AIM TO DEVELOP SCHOOLCHILDREN  
INTO CONFIDENT YOUNG PEOPLE  
WHO HAVE HOPES AND ASPIRATIONS  
FOR A BRIGHT FUTURE."**

In order to be equipped to support the diverse needs that participants of the programme have, our staff took part in ongoing skills development. Partners such as ORT SA and the South Africa Memory Institute delivered training on topics including nutrition, group management and sexual and reproductive health.

Supporters of Ikamva Labantu provided valuable resources and relieved pressure on budgets experienced by new programmes. These donations have benefited the children in different ways; for example, all children received toothbrushes and toothpaste, which complemented the education they received around oral hygiene and gave them the tools to practice what they had been taught.

Programme participants were further encouraged with a visit from afro-pop band, Freshlyground, who also supported the Fuel2Grow campaign. Fuel2Grow was a fundraising and awareness campaign run by Ikamva Labantu in aid of the afterschool programme, and was launched on Heritage Day with a braai at the Rainbow Centre.

There are many vulnerable children in this community and many layers of social ills exist. We do however believe that with parental involvement and home support, this programme has the best chance at success. We will continue to consult with, and provide services to these families, always working with respect and humility.

**Bulelwa Ndibongo**

*Programme Head: Child and Youth Enrichment*



**152 CHILDREN**  
IN AFTERSCHOOL PROGRAMMES



**150 CHILDREN**  
RECEIVED HEALTH SCREENINGS  
& FOLLOW UPS



**15 FIELD WORKERS**  
ATTENDED SEXUAL & REPRODUCTIVE  
HEALTH WORKSHOP

# SENIORS



South Africa's ageing population is increasing. The latest report by Statistics South Africa estimated South Africa's population aged 60 years or older to be at 4.6 million, compared to 3.9 million in 2010.

For decades, we have worked directly with the elderly in Cape Town's townships, who continue to be faced with many struggles and this year was no different. Poverty, food insecurity, social exclusion, discrimination and lack of access to basic services such as water and healthcare are part of daily life for many. We are proud and overjoyed with every senior who we are able to save from isolation, neglect and even abuse.

In this year, we reached over 900 seniors and offered them healthcare, psychosocial support and recreational activities through our network of 19 senior clubs. Our aim is to promote active ageing for vulnerable and marginalised elderly, so that they can live out their later years in peace and with dignity.

Seniors at our clubs also take part in income-generation activities, such as beading and crafting, to supplement their meagre monthly pension of R1,500, which is usually shared amongst family. During this financial year, these seniors collectively earned R586,515 through the Relate beading project.



**7 SENIORS**

**GIVEN FREE CATARACT REMOVAL SURGERY**



**880 MOBILE SENIORS**

**RECEIVED MONTHLY HEALTH SCREENINGS**



**126 SENIORS**

**RECEIVED PRESCRIPTION SPECTACLES**



*"Ikamva Labantu cares for the elderly people and helps us with everything including taking care of us during family disputes. We cry to Ikamva Labantu and they bring counsellors to our homes."*

*Nokwanele Catherine Mpinda (73)*



© Sydelle Willow Smith

“Ikamva Labantu took me out of my lonely house and brought me to like-minded individuals. I now have people to share my problems with. I had just suffered a stroke when I joined the club but through Ikamva Labantu’s exercises my body is back to normal.”

Nozolile Mjodo (68)

Member of Noluthando 1 Senior Club in New Crossroads



**R586,515 EARNED**  
**BY SENIORS THROUGH BEADING**  
**INCOME GENERATION PROJECT**

Our home-based model, the Umelwane project, saw its second successful year, and reached nearly 1,000 seniors through home-visits. 19 Umelwanes (neighbourhood friends) work from our clubs to reach out to seniors who are too frail to attend clubs but who require care and support at home. They provide companionship, deliver chronic medication, assist with grant applications and more. These services are supplemented by a professional team of social workers, counsellors and a registered nurse.

We have managed to increase our presence within the communities we serve, whilst continuing to provide support to those already in our care – but our work is far from complete.

### **Lulama Sigasana**

*Programme Head: Seniors*

Mrs Pamela is 85 years old and stays with her husband and three grandchildren. When our Umelwane (neighbourhood friend) met her, she had been diagnosed with diabetes and hypertension and was also suffering from the effects of a stroke. In addition to this, she had also lost her daughter to a brutal murder and was reeling from the trauma. Although she lives with her husband, he is blind and uses a wheelchair, so is unable to assist in her care.

Our nurse assisted in administering Mrs Pamela her medication and performed additional health screenings. Mrs Pamela received grief counselling from our social worker and was referred to SASSA to apply for a grant-in-aid, which assists frail seniors to pay a stipend to carers. The application was successful and Mrs Pamela now has a carer who looks after her and helps her with her medication.

We still assist her with transport to and from the clinic when necessary. Mrs Pamela was able to start working through her grief with our social worker and is now in a much healthier and happier space; we are glad that we could provide some comfort to her despite the many hardships she has faced.



# ACKNOWLEDGEMENTS

We want to sincerely thank each and every contributor who has partnered with Ikamva Labantu over this year and continues to support our work. Our gratitude emanates from over 25,000 people whose lives have been affected directly or indirectly by your generosity.

We are the beneficiaries of the joy that people experience when they know someone sees them, someone cares for them and someone invests in them. We witness how the preschool owner develops her preschoolers; how a senior finds camaraderie with her peers; we are there when a family is reunited.

We thank you for these experiences and hope that you share in our joy.

Our Fundraising team's capacity was increased this year and we further integrated Ikamva Labantu's marketing initiatives to support public fundraising activities. We want people in Cape Town to know and be proud of the name Ikamva Labantu so that the need of their neighbours will never go unnoticed. We appreciate every cent that you have entrusted with us and hope that reading this report has reassured you that your investment has yielded great returns.

**THANK YOU TO EVERY  
DONOR, PARTNER  
AND FRIEND WHO HAS  
BELIEVED IN OUR WORK**



# FINANCIALS

Ikamva Labantu Charitable Trust (Registration number 082-581)  
Annual Financial Statements for the year ended 28 February 2017

## STATEMENT OF FINANCIAL POSITION AS AT 28 FEBRUARY 2017

	2017	2016
	R	R
<b>Assets</b>		
<b>Current assets</b>		
Inventories	14 610	-
Loan receivable	-	54 731
Trade and other receivables	278 770	135 975
Cash and cash equivalents	17 993 083	15 456 036
	<b>18 286 463</b>	15 646 742
<b>Non-current assets</b>		
Property, plant and equipment	7 242 194	7 043 100
<b>Total assets</b>	<b>25 528 657</b>	22 689 842
<b>Trust funds and liabilities</b>		
<b>Liabilities</b>		
<b>Current liabilities</b>		
Trade and other payables	2 466 640	1 432 532
Bank overdraft	25 714	10 634
	<b>2 492 354</b>	1 443 166
<b>Trust funds</b>		
Designated funds	12 156 600	13 864 817
General funds	10 879 703	7 381 859
	<b>23 036 303</b>	21 246 676
<b>Total equity and liabilities</b>	<b>25 528 657</b>	22 689 842

**STATEMENT OF COMPREHENSIVE INCOME  
FOR THE YEAR END 28 FEBRUARY 2017**

	2017	2016
	R	R
Revenue	27 285 835	27 196 890
Other income	830 680	691 409
Operating expenses	(26 607 457)	(27 116 015)
<b>Operating surplus</b>	<b>1 509 058</b>	772 284
Investment income	923 142	626 644
Finance costs	(642 573)	(11 725)
<b>Surplus for the year</b>	<b>1 789 627</b>	1 387 203
Other comprehensive income	-	-
<b>Total comprehensive surplus for the year</b>	<b>1 789 627</b>	1 387 203
<b>Total comprehensive surplus attributable to:</b>		
Designated funds	(1 846 894)	4 345 330
General funds	3 636 521	(2 958 127)
	<b>1 789 627</b>	1 387 203



PO Box 165, Cape Town, 8000

1st Floor, Hills Building, Buchanan Square, 160 Sir Lowry Road, Cape Town, Western Cape, 7925, South Africa

021 461 8338 • [info@ikamva.co.za](mailto:info@ikamva.co.za) • [www.ikamva.org](http://www.ikamva.org)



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