



ikamva labantu

ANNUAL REPORT 2015/6

**COMMITTED TO
COMMUNITIES**

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FOUNDER'S LETTER

I turned 75 this year – thankful for the uncountable blessings that I have been gifted.

Working with everyone at Ikamva Labantu for 53 years has been a privilege and an honour. This incredible journey has allowed me to be exposed to the cultural depths within our communities, the wisdom of our people and the magic of the African spirit.

I thank everyone who has been involved for their contribution to Ikamva Labantu. The hundreds and thousands of participants, supporters, employees, volunteers and well-wishers, who have all been part of making sure that Ikamva Labantu – The Future of our Nation, has thrived.

However, looking into the future, there is still so much to be done. May I invite you to join me in continuing to harness the wonder of the diverse Ikamva Labantu family that has committed itself to bringing hope and prosperity to our beloved people, so that we can look forward to more productive participation and joyous achievement together.

In gratitude and with hope,

Helen Lieberman

Founder and Honourary President

CHAIRPERSON'S LETTER



I have been proudly associated with Ikamva Labantu for the past nine years. During this time, I have witnessed the organisation's gradual move from a welfare model, which was needed at the time, to that of a development model that focuses on programmes that showcase impact and evidence of learning, especially in our training programmes.

The governance and administration of Ikamva Labantu is in a very healthy state. We need to continue to raise the profile of this organisation through fundraising events; continuous PR and consistent donor communications. We rely on our Board of Protectors and Trustees to continue to assist us with establishing new donor relationships and to pursue new funding streams. The Board continues to provide valuable guidance to our management team.

I am honoured to work alongside the inspirational Founder of Ikamva Labantu, Helen Lieberman, whose commitment to serve knows no bounds. I wish to also acknowledge the staff of this formidable organisation that showcases diverse skills and talent, but most of all incredible passion and commitment.

My journey with Ikamva Labantu continues to be humbling and life changing.

Richard van Rensburg
Chairperson

**"MY JOURNEY WITH IKAMVA LABANTU
CONTINUES TO BE HUMBLING AND
LIFE-CHANGING"**

DIRECTOR'S LETTER

Ikamva Labantu enables individuals to become self-sufficient by delivering relevant programmes that focus on education, skills development, income generation, health and family services.

We strive to adhere to our values of respect, accountability, integrity, compassion, humility and care. This is evident in our daily interactions with the communities that we serve.

We are continuously evaluating the way in which we work, looking at our impact, relevance of the services we offer and the effectiveness of the change we anticipate. We are regarded as a thought-leader and our model of work within the communities is held in high esteem.

I wish to sincerely thank the Executive Management Team, Senior Managers, our staff, our Board of Protectors and our Board of Trustees for their diligence and commitment to this amazing organisation. A special word of gratitude to our Founder, Helen Lieberman, who is unyielding in her continued efforts to better the lives of others and to keep the dream of a dignified life for all alive.

Ananda Nel
Director



**"WE STRIVE TO ADHERE TO
OUR VALUES OF RESPECT,
ACCOUNTABILITY,
INTEGRITY,
COMPASSION, HUMILITY
AND CARE."**



INTRODUCTION TO OUR PROGRAMMES AND SUPPORT SERVICES

"OUR IMPACT
IS THROUGH OUR
INVESTMENT
IN PEOPLE'S
POTENTIAL"

2016 marks my 12th year at Ikamva Labantu and I can confidently say that our programmes are as vibrant and active as ever.

Ikamva Labantu's direct impact in communities is through our investment in people's potential. We reach communities through our three main programmes: Early Childhood Development, Child and Youth Enrichment and the Seniors Programme.

We invest in the development of children during their earliest years, offering them a nurturing, safe and educational start to life. Our youth programme ensures that schoolchildren, vulnerable to their surrounding social ills, have a safe space to go in the afternoon that is rich with opportunity. And of course, the role that the elderly play within these communities is as important as ever; they are often the breadwinners and sole carers of our next generation. We are proud to be able to offer a space where our seniors can enjoy an active, community-centred lifestyle with the potential to earn an income, too.

We also know that people can only reach their potential if they are healthy and have the necessary support structures around them at all times.

Our three support services – Health, Family and Community Relations – continue to work within our programmes to provide our beneficiaries with services crucial to well-rounded human development.

Health Services

Ikamva Labantu has partnered with SHAWCO (Students Health and Welfare Centres Organisation) of the University of Cape Town for several years in a mutually beneficial service to children. Each week, a community preschool is selected to undergo health screenings. The children are brought to our Wellness Centre and under close professorial supervision, fifth-year medical students examine the children. During this year, 151 children were assessed, of which only 13 children required no intervention at all.

In the Child and Youth Enrichment Programme, each child has a monthly health screening and the young women in our care received education regarding puberty and intimate hygiene.

For our seniors, we continue to focus on issues of mobility, hearing screenings, oral health and specialist medical matters.

Family Services

Our Family Services focus on counselling, disability support and parenting within our programmes.

We printed 250 copies of a resource book, created for parents and field workers. The book outlines the best referrals in the metropole, such as social services, healthcare and education referrals.

We were also invited to talk at a national symposium hosted by Sonke Gender Justice, focusing on the effects of domestic violence on disability. We held a unique position here as the only organisation able to provide feedback from community forums.

Community Relations

The Community Relations Service works as a link between the organisation and the communities that we serve. We work with important stakeholders, such as community leadership, government departments, forums, ward councillors and other NGOs.

This year, in collaboration with the Ithemba Labantwana Forum and the Ilitha Le Kamva Forum, we have advocated for leniency in registration requirements for Early Childhood Development centres. We have brought other key stakeholders to join us in this advocacy work and look forward to a positive outcome.

Community Relations has also assisted in relocating our Nomzamo Seniors Club in Langa, ensuring that our seniors are housed in a safe, warm building, with all they need to feel comfortable.

I am excited for the year ahead as we continue to push our own boundaries throughout the organisation. I look forward to the progress of the new Child and Youth Enrichment Programme, as well as the development of monitoring and evaluation across the programmes. With a deeper understanding of our impact, we can build even more effective programmes to serve the communities.



Christelle Cornellius
Programme Director



OUR SENIORS PROGRAMME

**THE ELDERLY
FORM THE
BACKBONE OF
OUR NATION.
WE WORK TO
HONOUR THEM
EVERY DAY.**

The word 'elderly' - 'Makhulu', in the traditional South African context, used to conjure up pictures of stature, respect, wisdom and community. Ikamva Labantu is determined to restore this sense of reverence for our elderly, so many of whom experience neglect, poverty and abuse in their daily lives.

Our work in the Seniors Programme ensures that our seniors actively live out their golden years with dignity, improved health and a sense of value in their community. This is achieved through a network of 19 senior clubs in different township areas, where seniors congregate daily. Here, they receive a basket of health and social services, as well as income-generation opportunities.

Over the past year, 188 seniors have received prescription spectacles and ten were sponsored for cataract reversal, a life-changing surgical procedure. Several seniors took part in sewing training, enabling them to sell quality craft products as a source of income. Our family counsellors have also run workshops for the seniors, offering emotional support and addressing issues relevant to their communities such as trauma, domestic violence and substance abuse.

To cater for home-based, frail seniors, the Umelwane project was initiated. This year, the project consists of 19 field workers ('Umelwanes') who regularly visit vulnerable seniors at home and report their needs for further intervention, coupled with recruiting independent seniors to attend the senior clubs.

The Seniors Programme is increasing our visibility and reach in the community and has positively impacted and improved the quality of life for many marginalised and vulnerable older persons in our community.



Lulama Sigasana
Programme Head: Seniors

**R662,100 EARNED COLLECTIVELY BY SENIORS THROUGH
THE RELATE INCOME-GENERATION BEADING PROJECT**

742 SENIORS ATTENDING 19 CLUBS

ADDITIONAL 727 FRAIL SENIORS REACHED BY OUR UMWANES

Umelwane Project

Some seniors are unable to attend the clubs due to frailty, poor health or household responsibilities; but they are still in need of support and companionship. Ikamva Labantu has addressed this need through our Umelwane Project – an extension of our Seniors Programme that reaches vulnerable seniors in their homes. Through this project, we have almost doubled the reach of our Seniors Programme, providing home-based care through regular visits from dedicated Umelwanes or “neighbourhood friends”.

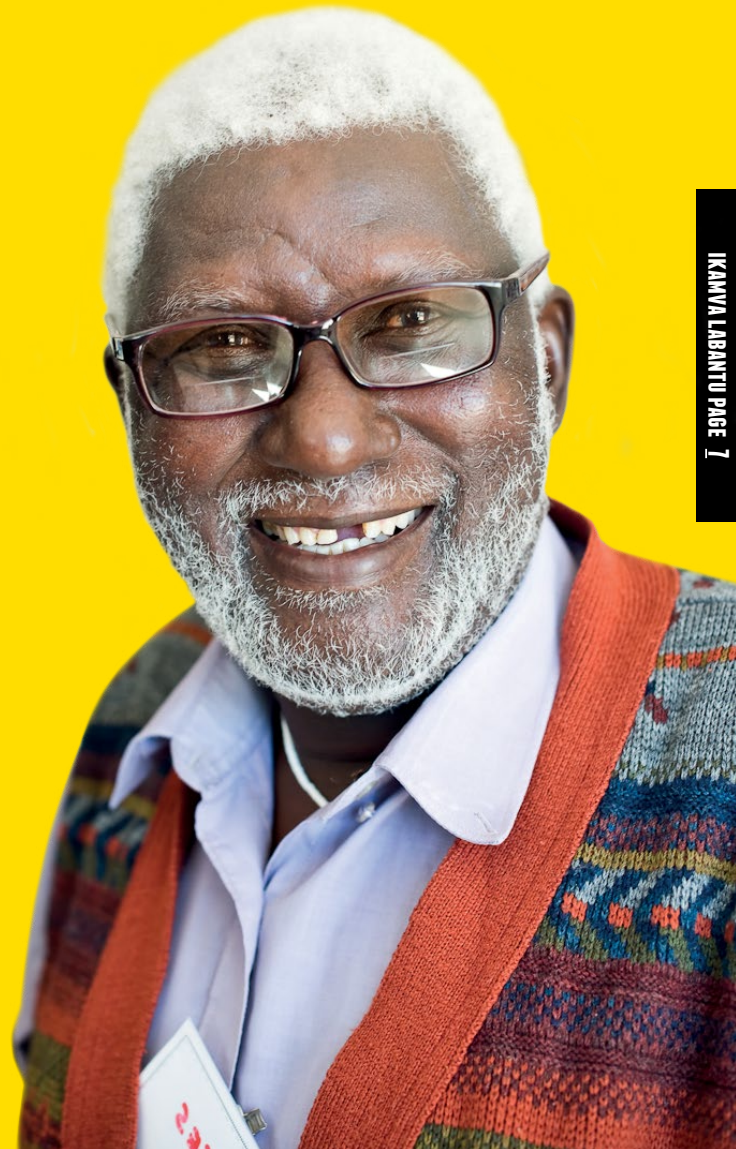
Stepping in to support seniors

Mrs Mabel Malgas is a bedridden senior whose four grandchildren live with her; they all depend on her social pension. When we visited, Mabel was in a vulnerable state and her home had deteriorated as a result of her condition. Ikamva Labantu intervened to offer Mabel and her family the support they needed.

Together with the South African Christian Leadership Assembly (SACLA), we supported Mabel with adherence to her medication, and provided her transport to attend doctor’s appointments. Mabel’s medication is now delivered to her at home by an Ikamva Labantu field worker.

We also assisted Mabel in applying for a foster care grant for her grandchildren, as well as a grant-in-aid, which assists frail seniors to pay a stipend to carers. Both applications were successful, helping to relieve some of Mabel’s financial strain.

Lastly, we met with estranged family members and encouraged them to return home and assist in the care of the children. These meetings were a great success; the husband agreed to return home and the family is now reunited.



THANK YOU TO ALL OUR DONORS



Our annual Cultural Day saw seniors dressed in traditional attire, singing songs and displaying their hand-crafted goods for sale.



Over 600 seniors travelled to Soetwater for our annual Christmas outing. For some, it was their first trip to the ocean.



An Umelwane (Neighbourhood Friend) visits a frail senior in her home. We have reached over 700 seniors through the new Umelwane Project.



Children eagerly await a visit from South African afropop band Freshlyground at the launch of our first Fuel2Grow campaign.

WHO MAKE OUR WORK POSSIBLE



During the holiday programme, 30 children from the Child and Youth Enrichment Programme took part in the 5 km Gun Run race, of which Ikamva Labantu was the beneficiary.



Fifth-year medical students assess a child at our Wellness Centre, as part of the UCT SHAWCO partnership.



Cooks at our Rainbow Centre in Gugulethu prepare a warm meal for 150 schoolchildren.



A senior beads Relate Bracelets for extra income. Collectively, our seniors have earned over R600,000 through Relate Bracelets this past year.

EARLY CHILDHOOD DEVELOPMENT

GIVING CHILDREN A LEG-UP FOR LIFE

In March 2015, we concluded the first **Principals' and Practitioners' Training Programme** at our Kwakhanya Centre in Khayelitsha. 61 principals and 57 practitioners from the same preschools graduated from the programme. The principals' training focuses on leadership skills, while practitioners focus on children's psychosocial development, based on the Ikamva Labantu Persona Doll learning programme, which is registered by the Department of Social Development.

This approach allows principals and practitioners from the same preschool to implement their new skills alongside one another, offering a more supportive and robust structure to the children in their care. Principals and practitioners also take part in a health training seminar, which includes a personal health screening.

As the first group exited, we welcomed 66 new pairs of principals and practitioners, who joined the programme and developed their skills in the same way.

It has been a celebratory year for our **Kwakhanya Educare**; subsidies were received for 32 children and we opened a new 4 - 12 months' class. This brought life to a learning programme for 0 - 18 months, adding to the practical learning experience for our practitioners. This age is crucial as it forms part of the much-talked-about first 1,000 days in a child's development.

The **Registration Help Desk Programme** seeks to help principals meet the norms and standards required to register their preschool, and thereby access a subsidy from the Department of Social Development. Registration is a long process with many delays and challenges, but we have successfully registered 53 preschools on our database to date.

In closing, this has been a rewarding and productive year for the Early Childhood Development Programme. We work to change lives through partnering with our beneficiaries, who ultimately improve the lives of under-five-year-olds.



Barbara Stemmert
Programme Head:
Early Childhood Development

**OUR REGISTRATION HELP DESK PROGRAMME SERVED
341 EDUCARES IN THE PROCESS OF ACHIEVING NORMS AND
STANDARDS, IMPACTING 17,544 CHILDREN**

**OF THESE, 34 EDUCARES ARE REGISTERED WITH
THE DEPARTMENT OF SOCIAL DEVELOPMENT
AND 5 ARE RECEIVING SUBSIDIES**

**151 CHILDREN RECEIVED MEDICAL
EXAMINATIONS THROUGH SHAWCO**

**66 PRINCIPALS AND 66 PRACTITIONERS IN OUR
TRAINING PROGRAMMES HAVE IMPACTED ON ALMOST
6,000 CHILDREN THROUGH THEIR PRESCHOOLS**

**1,321 CHILDREN AT COMMUNITY PRESCHOOLS
RECEIVED DEWORMING TREATMENT**

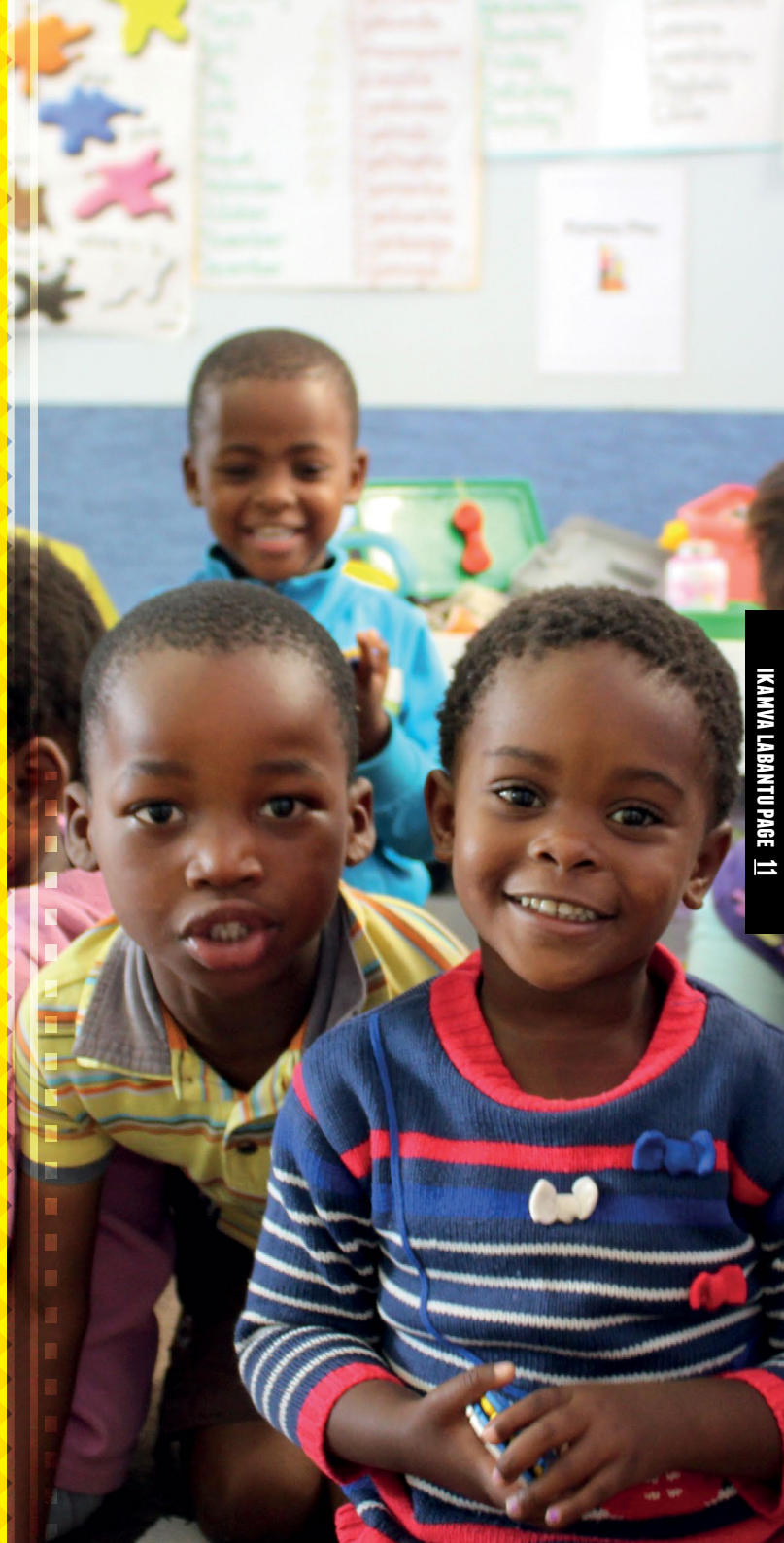
Working with community preschools

Xoliswa Nyamankulu is the Principal of Bamanye Preschool in Khayelitsha. She established her early learning centre in 1985 after seeing young children being abused in her community. She currently cares for 84 children, aged 0 – 6, every day.

"Ikamva Labantu's Persona Doll Training has helped me in many ways... I couldn't write a proposal letter for donations before, and the training also improved my command of the English language.

"My teacher also learnt a lot from the Practitioners' Training Programme which made it easy for her to be accepted at False Bay College where she's currently advancing her ECD knowledge. Her work ethic has also improved and she's visibly equipped with knowledge. Both the teacher and children have changed for the better and communication has improved. We have learnt to support each child according to their individual needs and backgrounds. Our hygiene has improved tremendously too.

"I managed to register with the Department of Social Development in 2014, but I'm yet to receive the funding. The Ikamva Labantu help desk has assisted me with the zoning. The Department of Land Use was a nightmare to work with on my own. Ikamva has made it easy for me."



SUPPORTING VULNERABLE CHILDREN

ONE GUIDED
DECISION CAN
MAKE A WORLD
OF DIFFERENCE

The Orphans and Vulnerable Children (OVC) department has gone through significant changes during this financial year, ultimately leading to a restructuring of the programme. As we respond to the needs of the communities in which we work, we constantly evaluate our methods and always endeavour to be as effective as possible in our services. This has led to the transformation of the programme, from OVC to the Child and Youth Enrichment Programme (CYEP).

The OVC Programme supported foster mothers to care for their children, whereas CYEP takes a child-centric approach, offering holistic support to vulnerable schoolchildren through a comprehensive programme which ensures that they emerge as competent, confident young adults, equipped to make a positive and lasting contribution to South Africa.

We are confident that CYEP will give many vulnerable children the support that they need to thrive.

What is the Child and Youth Enrichment Programme (CYEP)?

South Africa's youth are disproportionately affected by poverty. 6 out of 10 children live below the poverty line and are vulnerable to school drop-outs, gangs, violence and crime.

CYEP is based at our Rainbow Centre in Gugulethu and benefits 150 vulnerable schoolchildren aged 6 – 18, who live in the surrounding community. Equipped with classrooms, a library and computer rooms, the centre serves at-risk youth through a robust, daily after-school programme.

From the home environment to the playground, we take a holistic approach to ensure we know the needs of each child that we care for. Each child receives an individual development plan and support in their home, school and community environments.

**150 CHILDREN FROM THE
OVC PROGRAMME HAVE
BEEN ABSORBED INTO THE
NEW PROGRAMME**

16 CHILD AND YOUTH CARE WORKERS HAVE BEEN TRAINED

After-school programme

After-school programmes are essential in keeping children safe and engaged, during a time when their parents may not be home yet. The alternative to aftercare often means exposure to drugs, gangs and violence. Our aftercare programme is based on four pillars:

- **Academic support:** From homework to debating
- **Sports and recreation:** Exercising the mind and body
- **Health and wellness:** Nutritious meals and physical and mental health
- **Arts and culture:** Dance, music and art

Aftercare can also be a space for children to develop their passions and excel outside of the classroom environment.

Gratitude day

During the transition from OVC to CYEP, we had to respectfully disengage with some long-standing beneficiaries. This was not an easy process and we ensured that the families that we said goodbye to had a support system in place and were adequately equipped to cope independently.

Once this process was concluded, we hosted an 'Appreciation Day' for the Mamas who have helped build Ikamva Labantu to what it is today. This event was hosted by our Founder, Helen Lieberman, and included a wonderful sharing of history and storytelling, as well as a lunch and presentation of awards to the Mamas of Ikamva Labantu.



Bulelwa Ndibongo
Programme Head:
Child and Youth Enrichment



FUNDRAISING

THANK YOU TO OUR LOYAL DONOR FAMILY

When it comes to funding and the sustainability of Ikamva Labantu's programmes and services, our Fundraising Department has been working tirelessly to build a strong and diverse donor network over the past three decades. We have a strategic approach to fundraising and promoting the work that the organisation does.

Our donor family is an integral part of the organisation and provides us not only with much needed funding, but also with valuable advice, support, encouragement and the ability to dream big and continuously develop innovative solutions to assist our communities.

Our fundraising efforts go beyond South Africa, with Friends of Ikamva Labantu (FOIL) offices established in the USA and UK, as well as a large and growing support base in the Netherlands. We are deeply grateful to all our donors for every cent invested in our work.

In 2015, we launched a large-scale public fundraising drive, called Fuel2Grow, with an aim to increase Ikamva Labantu's visibility in the public eye and raise funds for our Child & Youth Enrichment Programme. We went out of our comfort zone and introduced a new fundraising approach to our strategy. The campaign has yielded positive results, both in terms of media coverage and fundraising. Our vision is to incorporate an annual campaign such as this into our fundraising efforts going forward.

Looking to the future, one of our main objectives is to further strengthen the financial stability of the organisation and create other sustainable income streams. In addition to the Ikamva Labantu Empowerment Trust, our Black Economic Empowerment (BEE) arm, we would like to utilise our fundraising maturity, culture and resources to develop an endowment fund, in order to meet the long-term needs of Ikamva Labantu's programmes and services.

I would like to thank all our loyal supporters and the growing donor family for investing in Ikamva Labantu's work and enabling us to sustain and grow our programmes and services in the townships.

Jovana Djeri
Head of Fundraising



MANAGEMENT AND BOARD

Management

Ananda Nel – Director

Lucinda Rudolph – Deputy Director

Christelle Cornellius – Programme Director

Evansa Roos – Finance Manger

Jovana Djeri – Fundraising Manager

Isaac Petersen – Facilities & Operations Manager

Lulama Sigasana – Programme Head: Seniors

Barbara Stemmert – Programme Head: Early Childhood Development

Bulelwa Ndibongo – Programme Head: Child and Youth Enrichment

Lizette Oliver – Head of Health Service

Josephine McLellan – Head of Family Service

Mthunzi Funo – Head of Community Relations

Board of Trustees

Richard van Rensburg (Chairperson)

Helen Lieberman

Keneilwe Moloko

Neetesh Ramjee

Ilana Shone

Natalie Barnett

Board of Protectors

Gaynor Rupert (Chairperson)

Philip Krawitz

Maria Ramos



FINANCIALS

IKAMVA LABANTU CHARITABLE TRUST

(Registration number IT1261/2010)

082-581-NPO

Annual Financial Statements

for the period ended 29 February 2016

STATEMENT OF FINANCIAL POSITION

AS AT 29 FEBRUARY

2016

2015

	R	R
Assets		
Current assets		
Loan receivable	54 731	220 014
Trade and other receivables	135 975	275 978
Cash and cash equivalents	15 456 036	13 679 682
	15 646 742	14 175 674
Non-current assets		
Property, plant and equipment	7 043 100	7 239 030
	7 043 100	7 239 030
Total assets	22 689 842	21 414 704
Trust funds and liabilities		
Liabilities		
Current liabilities		
Trade and other payables	1 432 532	1 535 654
Bank overdraft	10 634	19 577
	1 443 166	1 555 231
Trust funds		
Designated funds	13 864 817	9 519 487
General funds	7 381 859	10 339 986
	21 246 676	19 859 473
Total trust funds and liabilities	22 689 842	21 414 704

STATEMENT OF COMPREHENSIVE INCOME
FOR THE PERIOD ENDED 29 FEBRUARY

Year ended
2016

11 months
 ended 2015

	R	R
Revenue	27 448 890	23 548 535
Other income	439 409	615 563
Operating expenses	(27 116 015)	(22 839 142)
Operating surplus	772 284	1 324 956
Investment income	626 644	641 622
Finance costs	(11 725)	(38 317)
Surplus for the period	1 387 203	1 928 261
Other comprehensive income	-	-
Total comprehensive surplus for the period	1 387 203	1 928 261
Total comprehensive surplus attributable to:		
Designated funds	4 345 330	(1 197 507)
General funds	(2 958 127)	3 125 768
	1 387 203	1 928 261

ikamva labantu



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