

# WHAT WE DO

Established in 1963, Ikamva Labantu is a non-profit organisation that helps to build communities by connecting leaders, teachers and guardians who are already committed to supporting and uplifting those around them. This is provided through training, teaching and support.

**Ikamva Labantu works with seniors, orphans and vulnerable children, in early childhood development, as well as in primary healthcare.**

## SOME OF OUR ACHIEVEMENTS



### Health:

**1 780** people received training

**962** pre-school children accessed basic health services



### Family Centre:

**86** children with disabilities received support services



### Orphans and Vulnerable Children:

**8 677** meals were provided to children in our Child and Youth Enrichment Programme

**16** staff members completed training and are qualified Child and Youth Care Workers



### Early Childhood Development:

**66** pre-school principals received principals training

**66** pre-school practitioners received practitioners training

**341** pre-schools were supported by our Helpdesk Registration Programme



### Seniors:

**240** seniors received extra income through the Relate Trust Economic Empowerment Initiative

**567** seniors received aromatherapy sessions



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# LETTERS FROM...

# ikamva labantu



## ANNUAL REPORT 2015

# COMMITTED TO COMMUNITIES

## FOUNDER

Fifty-two years ago, I could not have dreamed that one day there would be an organisation called Ikamva Labantu.

Little did I know that there would be an enormous and diverse community working together to build the lives of others, as well as their own; that there would be friendships, and families who are caring and generous; and that we would all be immensely proud to say that we are committed to the future of Ikamva Labantu while remembering its history.

Many people are still part of Ikamva Labantu and sadly many are not. Each person who participated left a mark and Helen Lieberman

You truly showed us with many blessings. Thank you!

With my warmest good wishes, and in gratitude.

Today, our highly acclaimed organisation is proud of its strong leadership, industrious community participants, wise governance, and the encouraging affirmation we receive from our friends and supporters.

Richard van Rensburg (Chairperson), Helen Lieberman, Kenelwe Moko, Neetesh Ranjee, Iana Shone, Natalie Barnett, Philip Krawitz, Mana Ramos, Gaynor Rupert (Chairperson),

## DIRECTOR

Ikamva Labantu strives to be a thought leader, innovative in our programmes, transparent in our work, and accountable to our donors, beneficiaries and staff.

Our proven track record and good governance is acknowledgment that we are setting the bar higher.

We are continuously developing our programmes to meet the changing needs in communities. Whilst we are commended by government for the work that we do, we are becoming increasingly aware of the importance of our advocacy role in challenging government policies and regulations that are being implemented. Service delivery is reduced as communities struggle to meet the stringent requirements of new legislation. Although we agree that regulations are important, a developmental approach to this is required.

Ikamva Labantu wants to remain an ambassador and voice for the most vulnerable communities as we build the future of our nation.

Acknowledgment needs to be given to those who enable us to exist and make a difference in the lives of so many people.

Our staff perform their daily duties with "an attitude of gratitude". Gratitude in the workplace ensures happy staff which in turn equals success. Seeing our full staffing component adopting this motto with so much vigour and pride again confirmed that Ikamva Labantu is blessed with employees that are passionate, driven and committed.

Our commitment to Ikamva Labantu is strengthened by the support we receive from our Board of Protectors and Trustees, our loyal donors, friends and families.

We continuously strive to open our hearts to the gifts and blessings that each day offers, knowing that there will be good in every day.

**Andanda Nel**

# HOMELAND VISIT

## fundraising

**We have always had a different approach to getting people to understand our organisation and the work we do. Our approach in 2015 was no different.**

**W**e have a hands-on approach with our donors and friends, and have always encouraged them to visit our centres and projects to get first-hand experience of the work we do. More importantly, it offers them a unique opportunity to connect with the people they support.

We were very excited when we heard the cast and crew of the popular American television series Homeland wanted to spend some time with us and experience our work up close while they were filming on location in Cape Town.

Actors Claire Danes, Mandy Patinkin, Rupert Friend, Sarita Choudhury and Nazanin Boniadi visited our Rainbow Centre in Gugulethu, our Enkhululekweni Wellness Centre and Kwakhanya Early Learning Childhood Centre, in Khayelitsha, Cape Town.

Our staff gave them first-hand information on our organisation, our projects, successes and challenges.

To give them a different experience, we also showed them a typical Cape Town township pre-school. They interacted with the kids, the principal and practitioners, to get better insight into the challenges these pre-schools face.

Having friends, donors and partners visit our programmes affords us the opportunity of showing them how their support, whether it be in-kind or monetary, makes a difference.

# THE OUTSURANCE GUN RUN

## OVC

**Our staff showed that running and walking can be fun!**



**W**e made history when we became the first non-profit organisation to be chosen as the charity of choice of Outsurance/KFM The Gun Run twice. Not only were we chosen again, but we were also presented with the biggest donation – R70 000 – that a charity has received since The Gun Run's inception.

Our staff pulled together by volunteering as road marshals, manning the last water table on the 21km route, handing out medals to the runners and walkers, and also walking and running.

Thirty children who are enrolled in our Orphans and Vulnerable Children's After-School Programme participated in the race. As first time runners the children, who were between the ages

of nine and 18, were the proud competitors in the 5km race and they have the medals to prove it. Our kids had a lot of fun. Being part of the race showed us the importance of our children getting involved in wellness programmes.

While we pride ourselves on supporting them in their schoolwork, we also believe that it is important that our kids receive physical education and exercise.

# FINANCIALS

**Ikamva Labantu Charitable Trust**  
(Registration number 082-581)  
**Annual Financial Statements for the period ended 28 February 2015**

STATEMENT OF FINANCIAL POSITION	Notes	28 February 2015	31 March 2014
		R	R
<b>Assets</b>			
<b>Non-current assets</b>			
Property, plant and equipment	2	7 239 030	7 502 155
Loan receivable	3	220 014	506
		<b>7 459 044</b>	7 502 661
<b>Current assets</b>			
Trade and other receivables	4	275 978	598 495
Cash and cash equivalents	5	13 679 682	11 605 347
		<b>13 955 660</b>	12 203 842
<b>Total assets</b>		<b>21 414 704</b>	19 706 503
<b>Trust funds and liabilities</b>			
<b>Trust funds</b>			
Designated funds		9 519 487	10 716 994
General funds		10 339 986	7 214 218
		<b>19 859 473</b>	17 931 212
<b>Liabilities</b>			
<b>Current liabilities</b>			
Trade and other payables	6	1 535 654	1 771 867
Bank overdraft	5	19 577	3 424
		<b>1 555 231</b>	1 775 291
<b>Total trust funds and liabilities</b>		<b>21 414 704</b>	19 706 503

STATEMENT OF COMPREHENSIVE INCOME	Notes	11 months ended 28 February 2015	12 months ended 31 March 2014
		R	R
Revenue	7	23 402 915	21 138 980
Other income	8	615 563	620 609
Operating expenses	9	(22 693 522)	(22 881 299)
<b>Operating surplus/(deficit)</b>		<b>1 324 956</b>	(1 121 710)
Investment income	11	641 622	503 636
Finance costs	12	(38 317)	(57 028)
<b>Surplus/(Deficit) for the period</b>		<b>1 928 261</b>	(675 102)
Other comprehensive income		-	-
<b>Total comprehensive surplus/(deficit)</b>		<b>1 928 261</b>	(675 102)
<b>Total comprehensive surplus/(deficit) attributable to:</b>			
General funds		3 125 768	(1 368 289)
Designated funds		(1 197 507)	693 187
		<b>1 928 261</b>	(675 102)



# OUR NEW SERVICE CENTRE

family centre



The Family Centre is an extension of our current programmes and projects.

We officially opened our Family Centre, providing additional support and services to township communities.

The Centre has four key programmes: the Helpdesk, the Disability Project, Parenting Project, and Psychosocial Support.

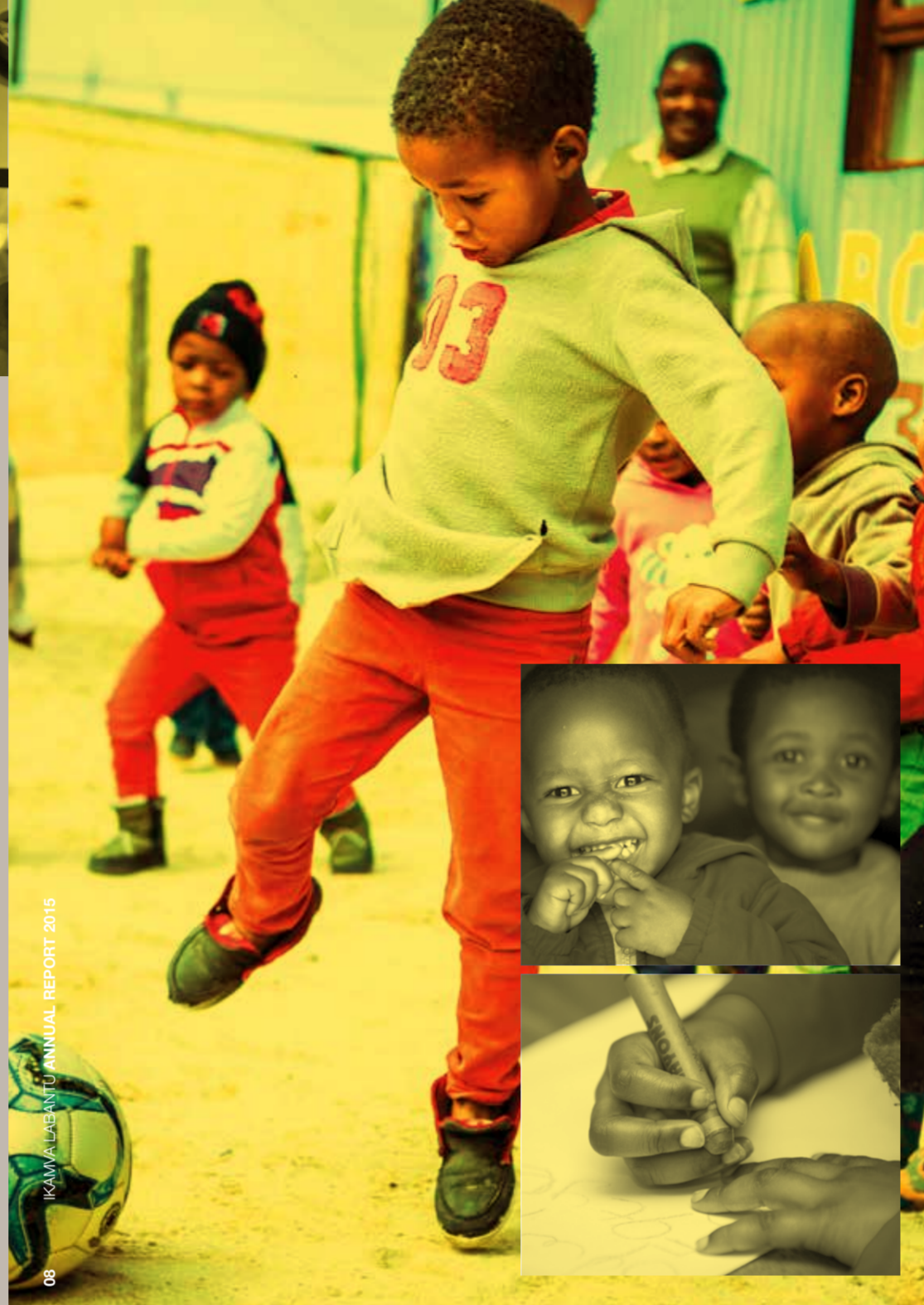
The Helpdesk is a walk-in service that helps families apply for government grants, supports families affected by substance abuse and mental illness, assists adults with disabilities to find employment, and also informs the work of the rest of the organisation.

Our Disability Project provides support to families who have an unemployed, ill, or mentally or physically impaired relative in the household. We do this by helping families access the appropriate documentation for a disability grant, and sourcing income-generating opportunities. The families we service have a dedicated Ikamva Labantu Community-based Worker who monitors their wellbeing.

Our Parenting Project aims to strengthen the relationship between the caregiver/parent and child. Caregivers attend an eight-week course and are trained in topics such as child relationships, the power of effective communication, health and self-esteem. The Parenting Project also includes a men's project, income generating activities, and parent hubs.

We have a dedicated counsellor and social auxiliary worker who provide psychosocial support to families and individuals. The counsellor and auxiliary worker also facilitate workshops in various topics including trauma, substance abuse, domestic violence and stress.

This Centre has also provided us with the opportunity to partner with other organisations and agencies including the Institute for the Disabled Manpower, Gifted Dyslexic, the Legal Aid Network and Sonke Gender Justice to provide a stronger support network to our clients.



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# LABANTU USA

fundraising

In 2015, we took a bold step and appointed Robyn Deutsch as Director of Development in the USA.

We have been a very fortunate organisation. Our programmes are run from two centres in Khayelitsha and one in Gugulethu, and our administrative hub is based in Woodstock, Cape Town.

In addition to this, we have Friends of Ikamva Labantu United Kingdom and Friends of Ikamva Labantu USA – both registered entities with its own board.

Robyn Deutsch, the newly appointed Director of Development, has been a long-standing

friend of Ikamva Labantu – she volunteered with us when she visited Cape Town in 2008 and returned as a consultant on special projects in 2010 and 2012.

On her return to the USA, Robyn completed her Master's Degree in Non-profit Management and joined the team as our first employed staff member.

As Director of Development, Robyn is responsible for fundraising, development, and stakeholder relations. In collaboration with Friends of Ikamva Labantu USA and the Cape Town office, she is also tasked to source sustainable revenue for all our South Africa programmes and does this through events, campaigns, and other initiatives.

# AJUGA

ecd

The wellbeing and education of children in township pre-schools is extremely important to us.

We were excited when one of the pre-schools we support, Lehlohonolo, received a state-of-the-art structure for the 100 children who attend the pre-school.

Lehlohonolo is situated in the township community of Europe, in Cape Town. Before moving into the new structure, the pre-school operated out of a makeshift corrugated iron structure with two classrooms and a kitchen. It had no toilet, running water or electricity. Even though the principal and staff worked under difficult conditions, they still managed to educate and stimulate the children in their care.

The new fire-resistant building known as Ajuga has five colourful classrooms boasting learning equipment to stimulate the children for hours. It also comes complete with electricity,

toilets, an office and a kitchen, as well as a playground with a jungle gym.

Lehlohonolo Pre-school would not have received this wonderful structure had it not been for our partnership with Kids Unlimited and the Cipla Foundation. Cipla Foundation designed and built a structure that would protect pre-school children, and together with Kids Unlimited, created the ideal environment to educate young minds.

Many pre-schools in township areas are not registered with the Department of Social Development because they do not meet the strict criteria set by government.

Lehlohonolo is one of the lucky schools. The pre-school has since met government's criteria and is now fully registered, giving it access to a child government grant of R17 per child.

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# NUTRITION

OVC

Peninsula School Feeding Association

Partnerships with other organisations are important to us.

This year was no exception when we partnered with the Peninsula School Feeding Association (PSFA).

Through this partnership, 100 orphan and vulnerable children in our Youth Enrichment Programme received a nutritious cooked meal

from PSFA at least once a day. PSFA received funding for these meals from the Eniwe Children's Fund, an organisation founded in Sydney, Australia, and that established an office in South Africa.

# CULTURAL DAY

seniors

Culture and heritage are important to our seniors.

Every year our seniors celebrate their culture and heritage on Seniors Cultural Day. This year was no different.

Over 600 seniors took to the streets of their community, representing their senior clubs in traditional wear.

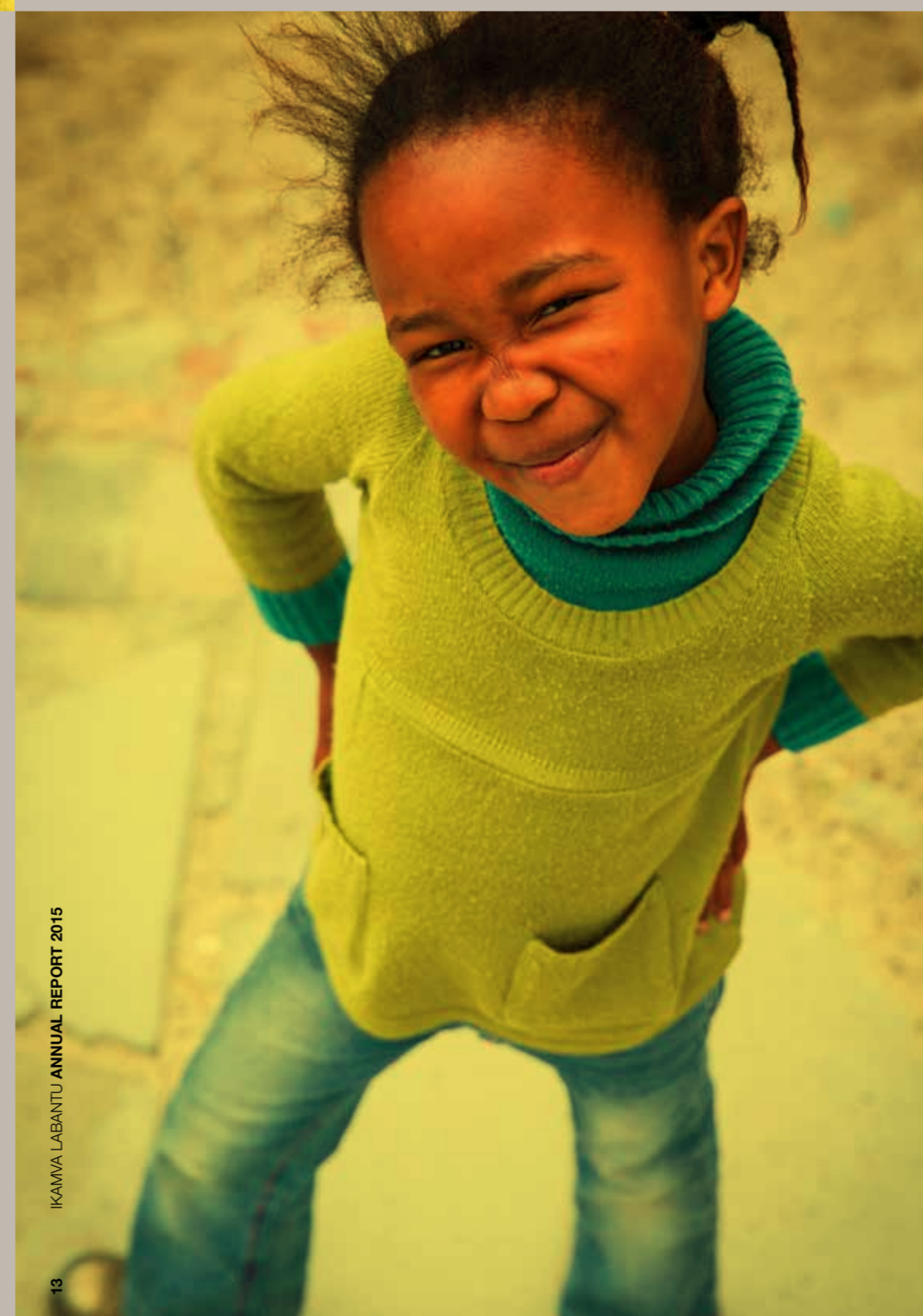
Our seniors marched through the streets, proudly displaying their club's colours and emblems, before meeting at a community venue where they socialised, sang and ate together.

Cultural Day takes place in October every year. October is significant because it is officially recognised as Seniors Month by the South African government. International Day of Older Persons is celebrated on October 1 and is recognised by the United Nations.

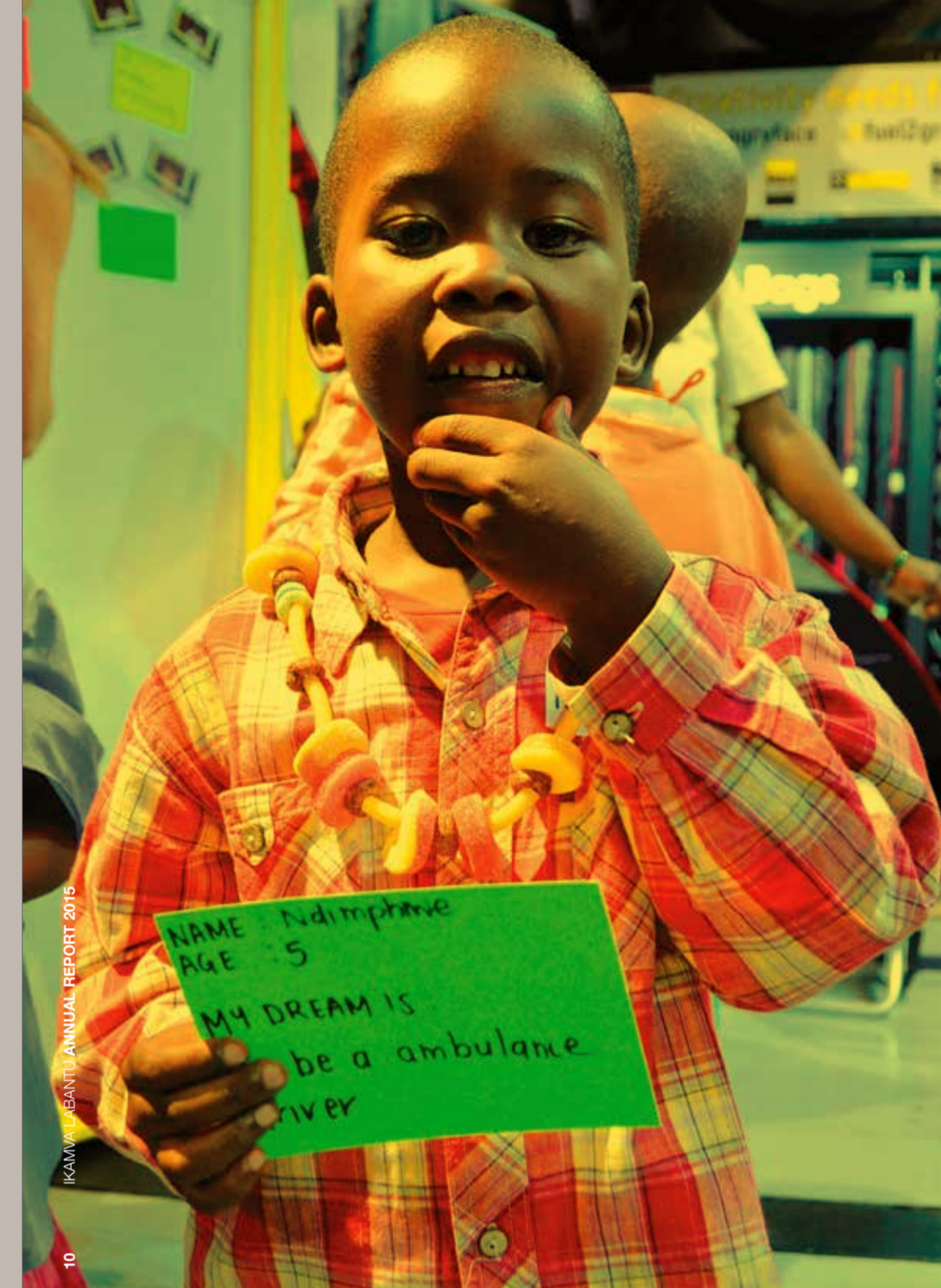
The significance of Cultural Day is not only to promote and showcase the culture and heritage of our seniors, but it also highlights the challenges they face on a daily basis. However, it also illustrates that they are still relevant and extremely important in today's society.

For Ikamva Labantu it is important that our seniors are recognised, taken care of, and are as active as they can be.

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# M&E

ecd

Monitoring and evaluation

Our aim is to roll out monitoring and evaluation in all our programmes.

Starting in our Early Childhood Development (ECD) Department, we introduced monitoring and evaluation (M&E) that would not only hold us accountable to our donors and clients, but would also inform the development of new and existing programmes.

As a pilot, and working with experts in the field of M&E, Community-based Workers (CBW), heads of departments, support staff and managers embarked on the journey to develop tools to help us monitor and evaluate our ECD

Experiential Learning Training Programme for township pre-school practitioners.

These practitioners have either no or limited training in ECD and are trained by Ikamva Labantu to educate and stimulate the children in their care. They do this through theoretical and practical training.

Our CBWs are important in this process as they are the ones gathering the information to inform us on whether our programmes are having an impact on the communities we work.

# YOUTH CARE TRAINING

OVC

The programme trains youth to build relationships.

Ikamva Labantu was fortunate enough to be one of several local non-profit organisations to pilot a Department of Social Development programme that looks at youth development through monitoring and mentoring families and youth who are vulnerable.

The Isibindi Model of Care targeted unemployed youth, training them to become Child and Youth Care Workers in their communities.

The programme was specifically aimed at youth in disadvantaged areas: the idea was to employ youth, train them to build relationships

with families and vulnerable youth, implement family support programmes, as well as to create safe spaces for youth.

What made this programme different was that all the youth care trainees were trained to support families and youth who lived in the same area – making the connection much more meaningful and creating a better support system for youth and their families. Each trainee was responsible for up to 30 youth.

Of the 22 youth who participated in the training, 16 have graduated and are employed at several organisations in the Western Cape as Child and Youth Care Workers.

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