

ikamva labantu

Committed to communities



YEARS
OF DRIVING CHANGE

Annual Report
2013

NURTURING THE HUMAN SPIRIT



50
YEARS





COMMITTED COMMUNITIES



**EVERYONE CAN
DO SOMETHING**





ORPHANS AND VULNERABLE CHILDREN

- A HOLISTIC AND INNOVATIVE APPROACH TO CARE IN THE HOME

We believe that Orphans and Vulnerable Children (OVC) need to be taken care of within the community and by the community. We have developed programmes to do just this. Community-based workers support children within a family or within a foster care context.

A care and implementation plan to create a constructive family environment is drawn up for each family by our community-based workers. Our support to the family includes the provision of learning and development opportunities, as well as material resources and basic health screening and monitoring. We continue working with these families through our community-based workers' home visits. This is where learning and education find a foothold.



To date we have 45 community-based workers who work with orphans and vulnerable children in townships in and around Cape Town.



MARTHA MAKURA

Ma Martha is passionate about the wellbeing of children and has two pre-schools in the Gugulethu area. She has been involved with Ikamva Labantu for 20 years.





CURRENTLY WE PROVIDE CARE TO

284 FAMILIES AND **995** VULNERABLE CHILDREN





ORPHANS AND VULNERABLE CHILDREN CONTINUED

EDUCATION THROUGH TECHNOLOGY

We realise how important it is for the youth of South Africa to learn by using technology. We have subsequently introduced afterschool programmes to stimulate children. Through these programmes, homework and learning challenges are addressed in a supportive, innovative and stimulating environment.

We make use of an online computer programme that teaches children English literacy and numeracy. We have also extended this programme to include our seniors.

Working online provides them with the perfect opportunity to hone their computer skills and utilise the internet.



MAMA VUYELWA

Mama Vuyelwa has been involved with Ikamva Labantu for over two decades.

A dedicated woman, she is the principal of a pre-school housed at our Rainbow Centre.

**THE
FUTURE
IS BRIGHT**





SENIORS

- CREATING AUTONOMY FOR THE ELDERLY

There is a great deal of talk about looking after the elderly, yet there is no formal structure, framework or support for the caring of grandmothers and grandfathers in our township communities. About 20 years ago, Ikamva Labantu Seniors' Clubs emerged as a solution to the crucial need for active ageing in communities. Our government has subsequently acknowledged these clubs as innovative models of care.

The services that we provide make our clubs unique and innovative. Seniors receive two healthy cooked meals every day. Trained club assistants provide health monitoring, social activities and manage income-generating projects for seniors. It is a breakaway from their daily struggles, with valuable psychosocial support that they would not otherwise have access to.



18

SENIORS CLUBS

30

MEMBERS PER CLUB
(APPROX.)

1080

MEALS SERVED
PER DAY





These clubs create autonomy for the elderly and strengthen our vision of active ageing.

BOOK READING CLUBS - STORYTELLING AT ITS BEST

Grandmothers and grandfathers... who better to relay stories? Ikamva Labantu started our book reading clubs in partnership with the Pan South African Linguistics Board. By doing so, we have heeded government's call to promote mother-tongue languages.



Literate seniors read to young children and also to fellow illiterate seniors. These clubs continue to evolve and many seniors have since joined their local library.





SENIORS' CLUBS CONTINUED

BEADING SUCCESS - FROM ACTION TO INCOME

For a number of years, we have cultivated a successful partnership with the Relate Trust. Using the mechanism of simple beaded bracelets threaded by our seniors, lives are changing.

This year marks a milestone with 250 of our seniors receiving additional income of between R300 and R600 a month through our partnership with the Relate Trust.

Since those early days, R1 million has gone into the pockets of our seniors. Seniors live on a mere R1 220 a month government pension grant and the additional monthly income they receive through beading provides them with much relief.



PHUMLA NDADA

Phumla got involved with Ikamva Labantu as a volunteer at Noluthando 1 Seniors Club in 1995. After volunteering for two years, Phumla was appointed as Club Assistant at Noluthando 1 Seniors Club before becoming a field worker. Today, 19 years later, Phumla is Ikamva Labantu's Seniors' Co-ordinator.

TO DATE OUR SENIORS HAVE EARNED

R1 MILLION

THROUGH THE BEADING INITIATIVE



SWIPE TO SHOP

- GROCERIES FOR ALL

We have found an innovative and exciting solution to provide food support for our beneficiaries. By providing our beneficiaries with cash redeemable shopping cards with pre-loaded funds, they now have the freedom to buy groceries whenever needed.

This initiative has decreased the time we have spent on planning, packing and transporting food parcels whilst improving the self-esteem of our beneficiaries by doing their own shopping and budget planning.

FOLLOWING A HEALTHY ROAD – STARTING AT BIRTH

Ikamva Labantu focuses on the importance of preventative health and therefore recognises the importance of a Road to Health card for every child. This card is used by clinics to monitor a child's growth and development. During home visits, community-based workers check that each child has a Road to Health card that is up to date and that the information on it is correct. Our community-based workers are trained to identify children with special needs – be it physical disabilities, epilepsy, autism or intellectual challenges. Our partnerships with other NGOs and stakeholders ensure that these children receive proper referral and care.

We are proud to say that 100% of the children in our OVC programme have a Road to Health card and their health, mental and physical wellbeing are being monitored.



LINGEKA NTSOKO

Lingeka Ntsoko was employed at Ikamva Labantu in 2003 as a field officer for the then Foster Care department. Today, a decade later, Lingeka is one of the most experienced field officers in our Orphans and Vulnerable Children department.





DEDICATED PEOPLE - PROFESSIONALS IN THEIR FIELD

We employ professional, passionate and committed people. Many of our employees come from the communities we work in and are aware of the needs of the community through firsthand experience. This enables them to work with empathy and compassion.

Ikamva Labantu has 139 staff members, of which 62 are community-based workers.

139
STAFF MEMBERS

62
COMMUNITY BASED
WORKERS





50

**YEARS OF
DRIVING
CHANGE**



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FINANCIALS

Ikamva Labantu Charitable Trust

(Registration number 082-581)

Annual Financial Statements for the year ended 31 March 2013

STATEMENT OF FINANCIAL POSITION	2013	2012
	R	R
Assets		
Non-Current Assets		
Property, plant and equipment	6 724 949	7 195 748
Loan receivable	888 553	875 776
	7 613 502	8 071 524
Current Assets		
Trade and other receivables	297 432	195 110
Cash and cash equivalents	14 411 182	9 158 359
	14 708 614	9 353 469
Total Assets	22 322 116	17 424 993
Trust funds and Liabilities		
Trust funds		
Designated funds	10 023 807	7 043 397
General funds	8 498 897	6 436 949
	18 522 704	13 480 346
Liabilities		
Non-Current Liabilities		
Borrowings	2 773 516	3 140 134
Current Liabilities		
Borrowings	336 270	237 681
Trade and other payables	689 626	566 832
	1 025 896	804 513
Total Liabilities	3 799 412	3 944 647
Total Trust funds and Liabilities	22 322 116	17 424 993



FOUNDER'S LETTER

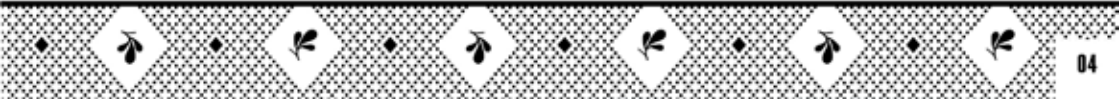
It is hard to believe that 50 years have passed since I made my first trip into the townships of Cape Town, looking for a patient prematurely discharged from the hospital where I was working as a speech therapist. The most outstanding feature of those years is not only the spirit and resilience of the people I met, as they coped with the appalling conditions of poverty and apartheid, but also their activism. This is what generated the nucleus of Ikamva Labantu today.

We never dreamt that when we found homes for abandoned children, gathered children from the streets into shacks for care and safety, and provided places for seniors to gather, that these actions would translate into a thriving organisation 50 years later. Community members rallied with generosity, courage

and creativity as they opened their homes and hearts to the vulnerable and the disabled amongst themselves. These small beginnings grew into pre-schools, foster care homes and centres for youth at risk or seniors, places for the blind and disabled. Others devised informal small businesses, such as sewing, brick making, fish shops and bakeries, which all thrived. Most of these have become independent organisations that still operate today.

Wonderful memories have been made and lasting friendships have been created over 50 years of facing challenges and triumphs together. It is with a great sense of pride and gratitude that we can look back on this time and, with a combined vision, look forward to the future of Ikamva Labantu.

Helen Lieberman, Founder



DIRECTOR'S LETTER

Ikamva Labantu has dedicated, skilled and compassionate staff – they are the vehicle that delivers our services. We pledge to our beneficiaries, donors and friends that we will continue to do our work with integrity, honesty, respect and dignity.

Communities are at the very heart of Ikamva

Labantu. They keep us on our toes, reprimand us when we lose our focus, but most importantly, they work with us, believe in us, support us and celebrate with us. We have, and always will be, committed to them. Here's to another 50 years!

Ananda Nel, Director





CHAIRPERSON'S LETTER

50 years ago Ikamva Labantu was started as an answer to the call of disadvantaged communities. What was a loosely structured organisation in the 1960s – with very little in terms of staff, funding and governance – has grown into a respected, gentle giant of an organisation that is characterised by good governance, dedicated staff, streamlined programmes, and friends across the globe.

On behalf of the Board of Ikamva Labantu, I wish to congratulate the staff for their endless passion and drive. Thank you to the leadership of Ikamva Labantu, who created an organisation that is community driven, visionary and innovative in its programmatic approach.

I am proud to chair a board of outstanding individuals that collectively share a deep-rooted love for Ikamva Labantu and the core values for which it stands.

With a solid board, management team and staffing component in place, Ikamva Labantu can only grow stronger and remain a driving force of change.

Richard van Rensburg, Chairperson



NOSAYINI MNUKA

Nosayini Mnuka from Miller's Camp in Nyanga is 84-years-old. Mama Nosayini is a member of Noluthando 2 Seniors Club and has been a member of the club since 1995.



EARLY CHILDHOOD DEVELOPMENT - CONTINUING TO CHAMPION THE CAUSE



                                            **60 TRAINED PRACTITIONERS**                      

So far, we have trained 60 practitioners in our experiential training programme.

Today, more than ever, the need for adequate pre-schooling and an emphasis on the development of the child are recognised as a priority. Government is increasingly collaborating with us on a number of our projects, such as the upgrade of pre-schools and an Early Childhood Development (ECD) helpdesk to assist pre-schools with registration.

We are unique due to our large footprint and venues that bring people together. Our forum, Ithemba Labantwana (hope for our children), meets monthly. The forum is a collective voice of peer support for challenging and advocating issues, liaising and negotiating with government, and a cross-fertilisation of ideas and best practices in community pre-school development and management.



XOLISWA SWAARTBOOI

Mama Xoliswa owns her own pre-school and has been part of the Ikamva Labantu family for 20 years.

EXPERIENTIAL LEARNING - AN INNOVATION IN OUR TIME

Good practitioners are the key to laying a good foundation for young children. In 2012 we introduced a ground-breaking training programme aimed at providing practitioners with experiential, classroom-based training in Ikamva Labantu's very own model pre-school.

We are subsequently producing an ECD learning programme and training manual that will be registered by the Provincial Department of Social Development. This will be made available to practitioners and principals, and those outside of Ikamva Labantu's direct network.

**EARLY CHILDHOOD
DEVELOPMENT
CONTINUED**



PRINCIPALS' TRAINING - COMPREHENSIVE CAPACITY BUILDING IN PRE-SCHOOLS

In late 2012, we embarked on a pilot training programme for pre-school principals. The modules include: general business management, planning and management of ECD facilities, improved technical knowledge around child development practices, health and safety awareness, and improving and understanding the ECD norms and standards.

With the training programme in its second year, the principals are embarking on Phase 2. They are up-skilled in financial management and HR practices, including the understanding of basic conditions of employment and how to write job descriptions.

With the excellent success rate, our second intake of principals is now enrolled in the training programme.



IN THE FIRST PILOT YEAR OF OUR PRINCIPALS TRAINING PROGRAMME, WE HAD AN IMPRESSIVE 90% PASS RATE.

TO DATE THERE ARE OVER 1400 UNREGISTERED PRE-SCHOOLS IN THE WESTERN CAPE.

REGISTRATION HELPDESK

Through working with the Provincial Department of Social Development we have found a creative way of addressing the problem of unregistered township pre-schools - introducing a pre-school registration helpdesk. We have a co-ordinator and eight community-based workers that are working on this project.

They provide individual assistance to principals, help register pre-schools, and provide on-site assistance and guidance to both principals and practitioners on how to attain the required levels for registration, in order to qualify for a government subsidy.



STATEMENT OF COMPREHENSIVE INCOME**2013****2012**

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Revenue	24 337 403	19 334 125
Other income	5 981	21 683
Operating expenses	(19 482 450)	(17 316 893)
Operating profit	4 860 934	2 038 915
Investment income	462 847	487 755
Finance costs	(281 423)	(189 114)
Profit for the year	5 042 358	2 337 556
Other comprehensive income	-	-
Total comprehensive income	5 042 358	2 337 556

Total comprehensive income attributable to:

General Funds	2 061 948	2 146 012
Designated Funds	2 980 410	191 544
	5 042 358	2 337 556



Committed to communities

SOUTH AFRICAN BOARD

Our Patrons and Trustees are individuals committed to our mission, and bring expertise to our management, governance and strategic direction.

BOARD OF PROTECTORS

Our Board of Protectors consists of:

Gaynor Rupert (Chair)
Philip Krawitz
Maria Ramos

BOARD OF TRUSTEES

Our Board of Trustees consists of:

Richard van Rensburg (Chair)
Ashlene van der Colff
Helen Lieberman
Geraldine November
Keneilwe Moloko

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