



ikamva labantu

**NOBODY CAN
DO EVERYTHING**

BUT

**EVERYONE CAN
DO SOMETHING**

ANNUAL REPORT

The board and staff of Ikamva Labantu would like to extend our heartfelt thanks and appreciation to all our donors, our community, friends, supporters, and partners. Without your unfailing support we would not be here.



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IKAMVA LABANTU – THEN AND NOW

IN 1963, AT THE HEIGHT OF APARTHEID SOUTH AFRICA, HELEN LIEBERMAN – A YOUNG SPEECH THERAPIST – VENTURED INTO THE TOWNSHIPS OF CAPE TOWN IN SEARCH OF HER PATIENTS.

What she saw shocked her: mothers, fathers, children, people young and old, living in abject poverty. It was clear that something had to be done. With the help of local community members, they rallied together to do all they could to support those who were most vulnerable. Through those early initiatives Ikamva Labantu was born.

Since our modest beginnings and through our motto of “helping communities to help themselves”, Ikamva Labantu’s work has grown over the years through programmes in health and wellness, learning and development, and the provision of basic resources. Today we support over 1 000 orphans and vulnerable children in 300 care homes; over 12 000 pre-school children in 200 day care centres; and nearly 600 seniors in 17 seniors clubs.





Trustees: Richard van Rensburg (Chairperson), Helen Lieberman, Ashlene van der Colff, Geraldine November, Keneilwe Moloko.

CHAIRPERSON'S LETTER

It has been an honour to be associated with Ikamva Labantu for the past six years. 2013 promises to be an even more exciting year for us as we will celebrate our 50th anniversary. This milestone would not be possible without Helen Lieberman and her persistence, as well as the unfailing support of the community, friends, family, donors, staff, and supporters over the years.

The last two years have seen Ikamva Labantu reach new levels of professionalism. In a troubled economy this has been a real benefit, which has both sustained and strengthened our operations. The board acknowledges and thanks the management team for the enormous shift that they have made to move forward what we do and how we do it, ensuring that we remain a relevant and beneficial organisation in the long term.

Board members have provided an inspirational role in guiding the management team. They have been key in reshaping our structure and governance in the past two years and it has been a pleasure to work with them on these important changes.

We would not be here, and the work done over the years would not have been possible, without the generous support of our wide base of donors, who play an important role in allowing us to do the work we do. We thank you for your unfailing support.

I would like to acknowledge and thank our Board of Protectors, as well as our UK and US board members who have tirelessly worked behind the scenes. We are poised as an organisation with great capability; more importantly we are driven by passion and integrity and it gives me great pride to be a part of this.

Richard van Rensburg,
Chairperson



Protectors: Gaynor Rupert (Chairperson), Philip Krawitz, Maria Ramos.

DIRECTOR'S LETTER



It has been some time since Ikamva Labantu has produced an Annual Report, but we are delighted to publish this one – to tell our story and update our friends, staff, partners and donors about our work and vision for the future.

What has driven us in the past two years has been to find and introduce better ways of working. Ikamva Labantu has served communities for 50 years and we are committed to doing even more in the future.

Our new multipurpose centres, our programme and service innovations, our refreshed relationships with communities and stakeholders are all indicative of the changing way that we want to work. Communities are constantly evolving and how we respond – to remain relevant and effective – is really important to us. Not only that, but there are changes in government approaches, economic and social structures, and in partnerships and networks amongst role players in social development. Ikamva Labantu is firmly rooted in this tide of change because we want to remain part of how South Africa addresses the challenges of poverty and inequality.

None of what we do can be done without the exceptional people who work at Ikamva Labantu. Our staff brings a diverse set of skills and experience to their work every day. We honour their talent, but most of all, their enormous passion and caring. In the past year, developing our staff has been firmly established as a priority. This has brought with it a new focus on training and mentoring, improved pension benefits for all staff, and more recently, the introduction of medical insurance benefits. We believe that our employees are worth investing in and we will continue to do so.

I would like to take this opportunity to acknowledge the important role our South Africa, UK and US Trustees and Protectors play – and to thank them for their tireless work. In our 50th anniversary year we are more conscious than ever of their kindness and leadership.

Janine van Stolk, Director



EARLY CHILDHOOD DEVELOPMENT (ECD)

Children's early mental and physical development is important for their future. However, it is important to not only nurture and care for children, but to equip their teachers to be able to do so.

In 2012, Ikamva Labantu supported over 12 000 pre-school children in 200 independent day care centres with a range of onsite mentoring and development services. In an innovative move, we also took the step of opening a groundbreaking new ECD learning centre called Kwakhanya (Into the Light) in Khayelitsha.

Kwakhanya is an experiential training facility for pre-school practitioners, many of whom have limited or no formal training in pre-school methods. In the inaugural year, 40 practitioners completed a ten month training programme, where they learned practical classroom skills and a range of other child development competencies. These are reinforced through a structured programme of onsite coaching in their own pre-schools. In 2013, these practitioners will enter their second year and be joined by a new intake of first-year trainees.

A key element of Kwakhanya is our model pre-school where trainees gain best practice classroom experience. Next year the model pre-school will boost its size from 45 children in three classrooms to 60 children across four age categories, from new-borns to five-year-olds. The children in the model pre-school come from our Orphans and Vulnerable Children's department and receive free tuition, transport, and meals at the centre.



REGISTERING PRE-SCHOOLS

Many township pre-schools are not registered and, therefore, not eligible for government support. A core focus for Ikamva Labantu is to guide pre-school principals through the registration process. We serve as an intermediary between principals and the Department of Social Development, and provide practical support through our staff to enable schools to reach the required standards for registration. The critical nature of this work has prompted us to increase our efforts and in 2013 we will establish an innovative helpdesk system to better support and guide unregistered pre-schools.



LANGUAGE DEVELOPMENT

Parents and teachers play a critical role in the language and communication development of children (e.g. reception, understanding, expression, learning). In 2012 we piloted a unique language development programme for parents and carers, which will be rolled out in 2013. The programme focus is on up-skilling practitioners to identify children with obstacles to learning; helping parents and carers to create an exciting communicative environment to stimulate language development; and collaborating with parents to reinforce these communication principles in the home.

ORPHANS AND VULNERABLE CHILDREN (OVC)

Thousands of orphaned children have been infected or affected by HIV and Aids, which has left them vulnerable. Many have lost their parents or live in abject poverty because their parents are unemployed and unable to care for them properly.

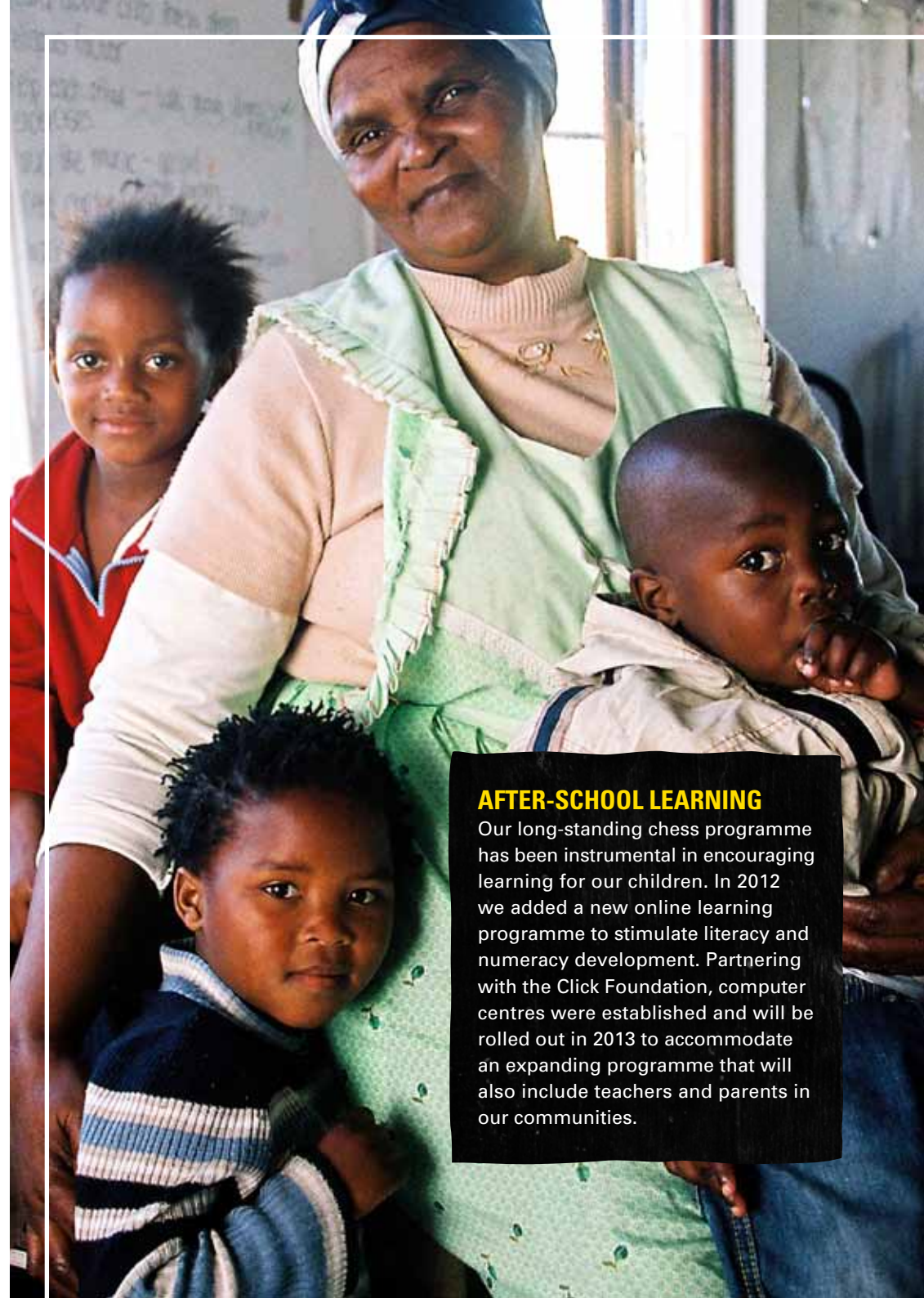
Ikamva Labantu directly supports these children by providing a structured programme of support to their carers, who may be foster parents, grandmothers, grandfathers, or other siblings who head that household.

We provide:

- Comprehensive in-home support to parents and carers in all aspects of child care, healthcare, schooling, and special needs.
- Material resources in the form of food parcels, donated clothing, financial assistance (to pay for school fees and transport), books, stationery and other school materials.
- Psycho-social support for parents and carers on how to manage children-at-risk, and to support children struggling at school. We also provide direct counselling to children.
- After-school literacy and numeracy education for children through chess classes and online learning clubs.
- Legal and regulatory support to ensure that adequate social grants are in place.

SPECIAL NEEDS

There are many children in our communities in need of specialised care – for autism, epilepsy or who have physical, learning and intellectual disabilities. Ikamva Labantu has always been committed to supporting these children with special needs and we do this through a growing network of partners who provide us with access to specialised clinics, doctors and other programmes (e.g. equine therapy). Our community-based workers are also trained to monitor and support medication adherence and rehabilitation for special needs children.



AFTER-SCHOOL LEARNING

Our long-standing chess programme has been instrumental in encouraging learning for our children. In 2012 we added a new online learning programme to stimulate literacy and numeracy development. Partnering with the Click Foundation, computer centres were established and will be rolled out in 2013 to accommodate an expanding programme that will also include teachers and parents in our communities.



Photo: Peter Maltbie

SENIORS

The role of seniors in South Africa today has changed drastically. While they should be enjoying their golden years, many have again taken on the role of parents to orphaned grandchildren; they may face verbal and physical abuse from friends and family; and most of them confront ailing health, poverty, inequality, and ageist attitudes.

Ikamva Labantu is committed to supporting positive ageing in communities and we enable this through our model seniors clubs. These clubs provide a safe and welcome environment where seniors interact socially with their peers, have access to a structured programme of activities and are cared for through services in health and wellness management.

Seniors at our clubs meet five days a week and receive two nutritional meals every day. They receive monthly healthcare check-ups, are referred for specialised medical treatments, have daily exercise programmes, and their health and medication intake is monitored. Seniors also receive planned awareness programmes such as being made aware of their rights under the Older Person Act and, where possible, are exposed to income-generating initiatives.

All clubs are run independently by the seniors themselves through a board which includes a chairperson, secretary and treasurer.

ACTIVE AGEING

They may be retired, but most of our seniors are eager to stay active. Through an exciting partnership with the Relate Trust over several years, a beading programme has been established that not only provides a daily activity for many seniors, but also provides a welcome income and builds their sense of worth and belonging.



RATINGS

In 2012, the Western Cape Department of Social Development conducted an independent Monitoring & Evaluation (M&E) survey of Ikamva Labantu's seniors clubs. The clubs scored:

- 100% for governance
- 93% for information management
- 97% for service delivery
- 100% for sustainability

In another M&E survey by The Global Fund through NACOSA (the Networking HIV/Aids Community of South Africa), our OVC programme received an impressive score of 94% for management and the implementation of services to our beneficiaries.

IKAMVA LABANTU CENTRES

Ikamva Labantu centres have been established over a number of years and today serve as important hubs from which our programmes are co-ordinated and where communities can access our services. They also provide safe spaces where communities can gather to learn, exchange ideas, and socialise.

Our centres are the infrastructure for the provision of medical and wellness services, computer centres for after-school learning programmes, training facilities for teachers and carers, and consulting rooms for family work. They are important resource centres for beneficiaries to access information from experts or receive materials such as reference books or toys for pre-schools. Importantly, our centres provide the space for our existing community food gardens.

Ikamva Labantu has three flagship centres:

- **Enkululekweni (Place of Freedom) Wellness Centre** in Khayelitsha is where community members meet to access and participate in health and wellness programmes. These may take the form of events such as our annual Diabetes Day, or health services such as eye tests, blood and sugar tests, and massage therapy.
- **Kwakhanya Early Childhood Learning Centre** in Khayelitsha boasts a model pre-school and is a training facility for pre-school practitioners with limited or no skill in early childhood development. The centre is a hub for our family work including language development programmes and parent groups.
- The **Rainbow Centre** in Gugulethu is a true multi-purpose centre, housing a pre-school, a seniors club, and is the hub of our after school and online education programmes.



Photo: Sunday Times



HIV TESTING TRAINING

In 2012, Ikamva Labantu partnered with the FPD (Foundation for Professional Development) to provide HIV testing training to 50 staff and community members. Using advanced testing methods the trainees can now provide testing services to clinics in communities and also at Ikamva Labantu centres.



Photo: Sunday Times



COMMUNITY

Working with and listening to communities is imperative for the work we do. Community participation is at the heart of our philosophy and comes to life in our community forums. These forums – initially started as informal peer support groups – today constitute networks of thousands of carers, parents and senior citizens who champion social development in their communities, in the areas of our work. They serve as the inspiration and the community channel to our programmes.

The forums meet in small area groups regularly and convene in large groups monthly at Ikamva Labantu centres.

The forums, which are independently run by members with their own governance and leadership structures, are places where members can voice their challenges, share insights and solutions, and bring specific community needs to the fore.

LEADING THE WAY AT IKAMVA LABANTU

BOARD OF TRUSTEES:

Richard Van Rensburg (Chairperson)
Helen Lieberman (Founder & Honorary President)
Ashlene van der Colff
Geraldine November
Keneilwe Moloko

BOARD OF PROTECTORS:

Gaynor Rupert (Chairperson)
Philip Krawitz
Maria Ramos

MANAGEMENT TEAM:

Ananda Nel, Programme Director
Isaac Petersen, Facilities and Operations Manager
Amanda Munitz, Finance Manager
Helen Lieberman, Honorary President
Janine van Stolk, Director
Jovana Djeri, Fundraising Manager
Lucinda Rudolph, HR Director



FINANCIALS

Ikamva Labantu Charitable Trust

- South African Trust registration number: IT1261/2010
- PBO registration number: 930-034-425
- NPO registration number: NPO 082-581
- VAT registration number: 4630257725

Annual Financial Statements for the year ended 31 March 2012

STATEMENT OF COMPREHENSIVE INCOME	
2012	
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Revenue (Donations)	19 334 125
Other income	21 683
Operating expenses	(17 316 893)
Operating surplus	2 038 915
Investment income	487 755
Finance costs	(189 114)
Surplus for the year	2 337 556
Other comprehensive income	-
Total comprehensive income	2 337 556
Total comprehensive income attributable to	
General Funds	2 146 012
Designated Funds	191 544
	2 337 556

STATEMENT OF FINANCIAL POSITION

2012

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ASSETS

Non-Current Assets

Property, plant and equipment 7 195 748

Loan Receivable 875 776

8 071 524

Current Assets

Trade and other receivables 195 110

Cash and cash equivalents 9 158 359

9 353 469

Total Assets

17 424 993

TRUST FUNDS AND LIABILITIES

Trust Funds

Designated funds 7 043 397

General funds 6 436 949

13 480 346

Liabilities

Non-Current Liabilities (Borrowings) 3 140 134

Current Liabilities

Borrowings 237 681

Trade and other payables 566 832

804 513

Total Liabilities

3 944 647

Total Trust Funds and Liabilities

17 424 993

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The Future of our Nation